

# CONTINUING EDUCATION FOR MASSAGE THERAPY

## Continuing Education Course Listing & Descriptions CEUs listed are approved by the College of Massage Therapists of Ontario

Courses are delivered during December and March and are subject  
to opening based on student enrollment

### INTRODUCTION TO SPORTS MASSAGE

20 HOURS

This course introduces students to various aspects of sports massage including, supportive taping, athletic pre-event and post-event massage, and emergency sports injury assessment. The focus is on acquiring practical skills, which can be applied in the field.

RMT or other health care professional designation required as a pre-requisite

10 Category A CEUs

\$300.00 plus HST

### INTRODUCTION TO THAI MASSAGE

20 HOURS

This module introduces students to basic philosophy and techniques of Thai massage, incorporating them into a Thai or Swedish massage treatment.

No Pre-requisites required

10 Category A CEUs

\$300.00 plus HST

### INTRODUCTION TO PREGNANCY MASSAGE

20 HOURS

The course introduces students to the intricacies of maternal changes and fetal development, which serve as a context for understanding the necessary modifications to treatment when treating pregnant clients at the different stages of pregnancy, and provides an opportunity to treat pregnant clients. MT or other health care professional designation required as a pre-requisite.

10 Category A CEUs

\$300.00 plus HST

### INTRODUCTION TO SUIKODO®

20 HOURS

This module introduces students to fundamentals of Suikodo philosophy, theory, assessment, and treatment techniques. The course enhances students' ability to achieve excellence in the practice of massage therapy by developing an understanding of when to use various techniques, and how to integrate them into a treatment plan.

No pre-requisites required

10 Category A CEUs

\$300.00 plus HST

### INTRODUCTION TO REFLEXOLOGY

20 HOURS

The module provides the in-class practice for providing reflexology treatments or incorporating them into a massage routine. The focus is on principles, the map of the body on the foot, and stimulation of various points to achieve treatment aims

No pre-requisites required

10 Category A CEUs

\$300.00 plus HST

**416-762-4857 or [kcadmissions@ictschools.com](mailto:kcadmissions@ictschools.com)**

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### GERONTOLOGY CERTIFICATE TRAINING

20 HOURS

This course is designed for professional health and RMT students on how to deliver professional services to older adults (seniors). Learners will obtain a Gerontological Knowledge Base, and skills necessary for productive, safe functioning services toward our community.

\$300.00 plus HST

### INTRODUCTION TO AROMATHERAPY

20 HOURS

In this course Aromatherapy is presented as the art and science of applying naturally extracted aromatic plant essences for therapeutic and aesthetic purposes. Focus is on exploration of physiological and psychological aspects of aromatic essences. Aromatic essences are used for the promotion of innate self-healing, the reduction of negative effects of stress, and the promotion of health and wellness through specific applications.

No pre-requisites required

10 Category B CEUs

\$300.00 plus HST

### ADVANCED CLINICAL ASSESSMENT SKILLS

20 HOURS

This course provides students with the skills needed for forming accurate clinical impressions. Subject matter includes regional neurological, orthopaedic and cardiovascular assessments.

RMT or other Health Care Professional designation required as pre-requisite

20 Category A CEUs

\$950.00 plus HST

### REMEDIAL EXERCISE APPROACH TO POSTURAL DYSFUNCTION

20 HOURS

Students will examine variations in scoliosis, as well as upper and lower crossed syndromes (hyperlordosis and hyperkyphosis). Once a clinical impression is derived, students will use specific techniques to treat the particular postural dysfunction. Focus is on assessment and the use of the ice and stretch technique.

RMT or other Health Care Professional designation required as pre-requisite

20 Category A CEU's

\$500.00 plus HST

### RESEARCH LITERACY

36 HOURS

The focus of the course is on the role of critical thinking and inquiry in clinical decision-making. It lays a foundation for research literacy - reading, assessing and applying research findings, and promotes clinicians as life-long learners. Students hone skills in developing and implementing a systematic approach to forming valid clinical impressions based on key parameters and comparing clinical data.

RMT or other Health Care Professional designation required as pre-requisite

20 Category A CEU's

\$500.00 plus HST

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