



### Get a Bachelor's Degree in Human Science online, with your two-year Massage Therapy Diploma from ICT Kikkawa College or ICT Northumberland College

#### BSc in Human Science (post-diploma) Degree

Your two-year Massage Therapy diploma from ICT Kikkawa College (Toronto) or ICT Northumberland College (Halifax) counts for as much as 30 credits toward a BSc in Human Science (120 credits). You can complete it online, anywhere, and anytime through Athabasca University—Canada's largest and most respected distance learning university. If you've completed other post-secondary courses, you may be eligible for additional credit.

Upon application, Athabasca University reviews your ICT® Schools transcripts and those obtained from other post-secondary institutions, to ensure you obtain the maximum transfer credit award. You'll receive a compliance report from AU, indicating how your transfer credit fits the degree program and which specific AU courses must be taken in order to complete the remaining degree requirements. An AU advisor will help you develop a *Program Plan* to chart out the most direct route to your degree.

You will have the flexibility to choose if you wish to study full-time or part-time. It all depends on how quickly you wish to complete your degree. Your learning is entirely self-paced, with online and/or distance options for instruction. You can start AU courses the first day of every month, and have six months to complete a 3-credit course or 12 months to complete a 6-credit course.

The Bachelor of Science in Human Science (BSc-HS) post-diploma degree program builds on the technical strengths of students in allied health professions. It provides an opportunity to expand the practical aspects of a diploma by integrating existing knowledge and skills with new multidisciplinary courses related to human science.

The program enhances skills identified as being important to many employers, such as communication, problem solving, decision-making, independent research, team-work, and critical thinking. Students also have the option of including several credits in arts and administrative studies.

This degree prepares you to take on various challenges in human and health sciences and is useful in obtaining employment in such careers as allied health, health management, pharmaceutical research, biotechnology, genetics, and microbiology. Additionally, this degree may be used to enter graduate level studies, such as medicine, dentistry, and veterinary medicine.

Full degree program details are at: [www.athabascau.ca](http://www.athabascau.ca)

#### What is Athabasca University?

Founded in 1970, AU is Canada's primary (and certainly the largest) online/distance education university, with more than 33,000 students completing programs and courses online and at a distance. More than 600 AU credit courses, recognition of your two-year ICT® Schools Diploma in Massage Therapy, and other relevant post-secondary coursework, will fast-track you to your degree.

#### Do I really need a degree?

Your diploma is a great launching pad, opening doors to the career path you've chosen. Down the road a bit, you may need a degree to progress more quickly in your chosen field and expand your employment options. With a combined college and university

education, you'll have the necessary skills and knowledge as well as the vital critical thinking, communication, and management skills you need to succeed and advance quickly in business, government, and non-profit sectors.

Degree holders earn more over the span of their careers, have greater opportunity for advancement, and possess a noticeable competitive advantage during the job search.



#### Get more credit with PLAR

Additional credit may be awarded through AU's Prior Learning Assessment and Recognition (PLAR) process. PLAR awards credit for learning related to degrees regardless of where or how your learning occurred. For example, PLAR recognizes learning acquired from life experience, job training, workshops, seminars, or other experiences outside formal classrooms.

#### The AU distance learning experience



Going to Athabasca University isn't like *going* to other universities because you won't find classrooms, students, residences, gymnasiums, and many of the facilities (and people) common to traditional universities.

To take a virtual tour of AU, go to: [www.athabascau.ca/tour](http://www.athabascau.ca/tour)

## Is AU right for me?

- Open admission (no GPA requirement)
- Flexibility to study when and where you want
- Start and finish your degree anytime, anywhere
- Start on the first day of any month;
- Take up to six months to complete a 3-credit distance course (12 months for a 6-credit course);
- One-to-one academic assistance throughout each course—via e-mail and toll-free phone – by a subject matter expert (with a relevant master’s degree or PhD);
- Some courses include online interaction with fellow students around the world;
- Pay-as-you-go integrated course fee includes tuition, textbooks and learning resources (tax receipt covers all three), and students’ union and alumni fees; and
- Recognition of your ICT® Schools diploma and other prior learning.

## What do AU students say?

AU takes student service and satisfaction seriously. We consistently achieve high student satisfaction ratings on comprehensive surveys undertaken by the Government of Alberta. For example, in 2001:

- ✓ 94% said they would recommend Athabasca University to their family and friends.
- ✓ 93% said if they had to choose again, they would choose Athabasca University.
- ✓ 92% said they are “satisfied” or “very satisfied” with their overall AU experience.



Stretch your money twice as far—let the tuition for your Massage Therapy Diploma also pay for the first year of your university degree.

- ## Get started – step-by-step
1. Apply for admission to AU and enroll in AU’s BSc-HS (post-diploma) degree program.  
To apply online, go to: [www.athabascau.ca](http://www.athabascau.ca)
  2. Arrange to have your ICT® Schools Kikkawa College or ICT Northumberland College (and other post-secondary) transcripts sent direct from the educational provider(s) to Athabasca University’s Office of the Registrar.
  3. AU admits you to the University and the BSc-HS (post-diploma) program.
  4. Receive from AU your student ID number. (You need it to

register for courses and access services.)

5. On a course-by-course basis, AU evaluates your official transcripts and identifies university credit for which you qualify, which AU courses you *must take*, and which AU courses you *must not take*.
6. Through e-mail or toll-free phone, you and an AU advisor can develop a *program plan* that maps out how to get from where you’re at to where you want to go.
7. Your AU advisor can offer safe course advice to aid in your selection of AU courses that satisfy your degree requirements.
8. Scan through the online Calendar to select courses, then register for one or more courses by the tenth day of the month preceding your requested course start date (e.g., register by April 10 to start May 1). The Registration fee is payable on a course-by-course, pay-as-you-go, basis when registering for the course.

## Online and Distance Learning 101

AU has a lot of experience helping students achieve distance learning success. AU Counseling Services can help you hone the skills you need to succeed. Here are just a few of the services provided:

- *Am I Ready?* (self-assessment questionnaire)
- Study-Buddy Program
- Effective Textbook Reading
- Overcoming Procrastination
- Time Management
- Learning to Love Term Papers
- Mastering Exam Anxiety
- Determining Your Learning Style
- Improving Your Study Skills
- Access for Students with Disabilities

## Find out more

**Athabasca University**   
CANADA'S OPEN UNIVERSITY

To access an AU student advisor:

Tel: 1-800-788-9041 (toll-free)  
URL: [www.athabascau.ca](http://www.athabascau.ca)  
Address: 1 University Drive, Athabasca, AB, T9S 3A3

For assistance at the college:

### Kikkawa College

Tel: 416-762-4857 ext. 226  
1-888-890-5888 (toll-free)  
E-mail: [sdirector@ictschools.com](mailto:sdirector@ictschools.com)  
Address: The Crossways, Unit G-04,  
2340 Dundas St. W.  
Toronto, ON M6P 4A9

### Northumberland College

Tel: 902-425-2869 ext. 226  
1-888-862-2230 (toll free)  
E-mail: [nregistrar@ictschools.com](mailto:nregistrar@ictschools.com)  
Address: 1888 Brunswick St., 5<sup>th</sup> Floor,  
Halifax, NS B3J 3J8