

Continuing Education



Continuing Education Course Listing & Descriptions CEUs listed are approved by the College of Massage Therapists of Ontario

MASSAGE AS A SECOND CAREER

80 hours

This course is designed for current Health Care professionals and/or those with degrees in the Health or Physical Sciences who are considering pursuing a second or complementary career in the field of Massage Therapy. Building upon the student's core scientific knowledge, this course covers the fundamental skills that will enable students to understand the interactive and dynamic process used in the assessment, evaluation and treatment of MT clients. The course consists of lectures and practical demonstrations in which students are required to actively participate. Following completion of the course, participants will not only have added to their existing skill set, but will be in a position to knowledgably assess MT as a second career option. Completion of this course may also assist otherwise qualified candidates in applying to Registered Diploma Programs in the field.

Health Care Professional designation or Degree in the Physical or Health Sciences required as pre-requisite **\$950.00 plus HST**

MYOFASCIAL APPROACH TO POSTURAL DYSFUNCTION

40 hours

The course introduces concepts and skills for the treatment and assessment of postural dysfunction, focusing on effective assessment, formulation of valid clinical impressions and the application of myofascial techniques as part of a massage.

RMT or other health care professional designation required as a pre-requisite

20 Category A CEUs

\$500.00 plus HST

INTRODUCTION TO REFLEXOLOGY

20 hours

The module provides the in-class practice for providing reflexology treatments or incorporating them into a massage routine. The focus is on principles, the map of the body on the foot, and stimulation of various points to achieve treatment aims.

No pre-requisites required

10 Category A CEUs

\$300.00 plus HST

INTRODUCTION TO SPORTS MASSAGE

20 hours

This course introduces students to various aspects of sports massage including, supportive taping, athletic pre-event and post-event massage, and emergency sports injury assessment. The focus is on acquiring practical skills, which can be applied in the field.

RMT or other health care professional designation required as a pre-requisite

10 Category A CEUs

\$300.00 plus HST

INTRODUCTION TO THAI MASSAGE

20 hours

This module introduces students to basic philosophy and techniques of Thai massage, incorporating them into a Thai or Swedish massage treatment.

No pre-requisites required

10 Category A CEUs

\$300.00 plus HST

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INTRODUCTION TO PREGNANCY MASSAGE

The course introduces students to the intricacies of maternal changes and fetal development, which serve as a context for understanding the necessary modifications to treatment when treating pregnant clients at the different stages of pregnancy, and provides an opportunity to treat pregnant clients.

RMT or other health care professional designation required as a pre-requisite

10 Category A CEUs

\$300.00 plus HST

BASICS OF PRACTICE MANAGEMENT

The course introduces students to the issues related to career development and practice management compliance in massage therapy, such as continuing education, peer assessment and portfolio development.

RMT or other health care professional designation required as a pre-requisite

16 Category A CEUs

\$400.00 plus HST

INTRODUCTION TO SPA MASSAGE

This module introduces students to various aspects of working in a high-end spa environment, including regularly used spa hydrotherapy modalities, common essential oils, and spa massage considerations. The course focuses on practical skills that are easily applied in spa surroundings.

No pre-requisites required

10 Category A CEUs

\$300.00 plus HST

HUMAN RELATIONS, ETHICS & JURISPRUDENCE

30 hours

The relevance of legislation and ethical issues to professional practice is emphasized. Throughout the course, human relations and ethics serve as the basis for understanding and describing jurisprudence and to reflect on MT practice. The workbook promotes self-reflection, as well as, assists students in researching and understanding relevant legislation (details of jurisprudence) in preparation for practicing as a regulated health care professional.

RMT or other health care professional designation required as a pre-requisite

15 Category A CEUs

\$400.00 plus HST

INTRODUCTION TO AROMATHERAPY

20 hours

In this course Aromatherapy is presented as the art and science of applying naturally extracted aromatic plant essences for therapeutic and aesthetic purposes. Focus is on exploration of physiological and psychological aspects of aromatic essences. Aromatic essences are used for the promotion of innate self-healing, the reduction of negative effects of stress, and the promotion of health and wellness through specific applications.

No pre-requisites required

10 Category B CEUs

\$300.00 plus HST

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ADVANCED CLINICAL ASSESSMENT SKILLS

This course provides students with the skills needed for forming accurate clinical impressions. Subject matter includes regional neurological, orthopaedic and cardiovascular assessments.

RMT or other health care professional designation required as a pre-requisite
40 Category A CEUs

\$950.00 plus HST

RESEARCH LITERACY

40 hours

The focus of the course is on the role of critical thinking and inquiry in clinical decision-making. It lays a foundation for research literacy – reading, assessing and applying research findings, and promotes clinicians as life-long learners. Students hone skills in developing and implementing a systematic approach to forming valid clinical impressions based on key parameters and comparing clinical data.

RMT or other health care professional designation required as a pre-requisite
20 Category A CEUs

\$500.00 plus HST

REMEDIAL EXERCISE APPROACH TO POSTURAL DYSFUNCTION

40 hours

Students will examine variations in scoliosis, as well as upper and lower crossed syndromes (hyperlordosis and hyperkyphosis). Once a clinical impression is derived, students will use specific techniques to treat the particular postural dysfunction. Focus is on assessment and the use of the ice and stretch technique.

RMT or other health care professional designation required as a pre-requisite
20 Category A CEUs

\$500.00 plus HST

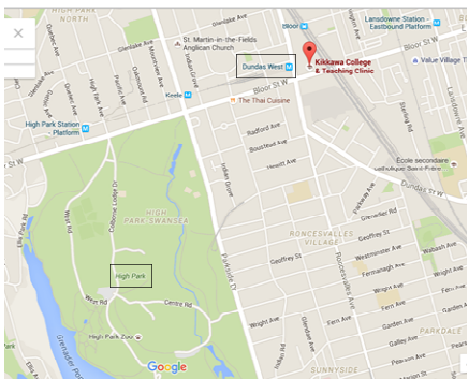
INTRODUCTION TO SUIKODO®

20 hours

This module introduces students to fundamentals of Suikodo philosophy, theory, assessment, and treatment techniques. The course enhances students' ability to achieve excellence in the practice of massage therapy by developing an understanding of when to use various techniques, and how to integrate them into a treatment plan.

No pre-requisites required
10 Category A CEUs

\$300.00 plus HST



For more information contact:

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