

MITSUKI KIKKAWA

In Memory of Sensei Mitsuki Kikkawa, CST, RMT

Born August 2, 1950 in Saidaiji, Okayama Japan Mitsuki Kikkawa was the youngest child of Teruyo and Umahichi Kikkawa. Mitsuki studied shiatsu under the direction of Tokujiro Namikoshi, at the Japan Shiatsu College in Tokyo Japan, graduating in 1971. The following year he immigrated to Canada to work at the Shiatsu Centre in Toronto with Tetsuro Saito where shiatsu therapy was introduced to Torontonians. In 1974 Mitsuki started his own practice and in 1976 he graduated from the 3HO Foundation with a diploma in massage therapy and became a licensed massage therapist.



1950 - 2008

Mitsuki is the author of *The Kikkawa Teaching Manual of Shiatsu Therapy*, and *Suikodo™*. In 1991 he produced a video called, *Best Shiatsu*.

Mitsuki's contributions to the healing profession include assessment and treatment techniques such as Netsudo-ho, Kikkawa Supportive Taping Technique, Kikkawa Moxabustion Therapy, Tension-Relaxation Exercises, Kikkawa Specialized Reflex Assessment Technique, Kikkawa Meridian Stretching Exercises, Neuromeridian Stimulation Technique and Suikodo™.

Mitsuki was a beloved teacher by his students to whom he entrusted his experience as a therapist and the techniques that he developed over many years of dedicate service to the health of his patients. It was always his determination to give his students everything he could during his time with them. As a teacher he was challenging and demanding, supportive and generous and always inspiring.

As a therapist, his patient's came first in his life, and he worked tirelessly for their good. He was blessed with a gift as a healer that cannot be acquired through study or experience. In this regard he was extraordinary.

As Mitsuki's legacy, ICT Schools will carry on into the future with the intent of continuing to inspire students to emulate all that he personified as a healer, teacher and truly caring person.

In 1981 Mitsuki and his wife Shirley opened the Kikkawa Shiatsu School in Toronto, where shiatsu therapy was recognized for the first time by the Ontario Ministry of Education. Kikkawa College offered the first professional shiatsu training program in Canada based on Japanese standards. This registered diploma program has become the standard in education for shiatsu therapy in Ontario.

Mitsuki was one of the original group of primarily Japanese shiatsu therapists in Ontario who met with the intention of forming the Shiatsu Therapy Association of Ontario (STAO) and was a member of the interim board. In 1988, Mitsuki was made an honorary life-time member of the STAO in appreciation of his role in establishing high standards of education for shiatsu therapy in Ontario.

Over the years since 1981, Kikkawa Shiatsu School, now known as ICT Schools, has expanded with campuses in Toronto and Halifax and with another campus location in Moncton to open in 2009. ICT Schools also provides massage therapy programming to CompuCollege in St. John's Newfoundland. ICT Schools now offers programming in Massage Therapy, Holistic Therapy, Graduate programs in Suikodo™ Therapy and Teacher Education, and continuing education in a broad range of therapeutic modalities including Sport Massage, Aromatherapy, Reflexology, Reiki Therapy and Thai Massage.



What is the purpose of life? If one were to express this in just a word, it would have to be "happiness." The purpose of education must therefore accord with the purpose of life.

-Tsunesaburo
Makiguchi